

WHAT'S ON THE *floor*

The fixed kit in Bailey Studio, our gym floor at Story + Space. Eleiko plates and bars. Watson Gym Equipment machines, rig, dumbbells and benches, built in Frome, Somerset. Watson items link to the maker's product page.

+ ELEIKO

PLATES

Eleiko IWF Weightlifting Training Plates	2 × 10, 15, 20 and 25 kg, with 2 × 1.25, 2.5 and 5 kg change plates
Eleiko Sport Training Plates, black	2 × 10, 15, 20 and 25 kg
Eleiko XF Bumper Plates, black	2 × 5, 10, 15 and 20 kg

BARS

Eleiko Performance Bar, 15 kg	2
Eleiko Performance Bar, 20 kg	4

+ WATSON GYM EQUIPMENT

MACHINES

Watson PL Linear Hack Squat	
Watson SS Leg Extension / Lying Leg Curl	
Watson Single Stack Multi-Gym	Lat pulldown, low row and adjustable pulley
Watson DS Animal Functional Trainer	Dual stack, adjustable cable arms

RIG

Watson Custom Rig	Two squat rack lifting bays, pull-up bars, slam ball wall
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FREE WEIGHTS AND BENCHES

Watson Pro Dumbbells	Custom stainless steel, 5 kg to 32.5 kg in 2.5 kg steps
Watson Animal Adjustable Bench	3
Watson Olympic Bar Holder	

CABLE ATTACHMENTS

Watson Arm Package	Watson Stirrup Handle
Watson Thick Grip Rolling Handle	Watson Thick Grip Double D-Ring Attachment
Watson Parallel Thick Grip Pulldown Bar Attachment	Watson Thick Grip Lat Pulldown Bar Attachment

+ OTHER

CONDITIONING

Punch bags, battle ropes and a tyre